

MIUM

LOW SODIUM

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Other High Quality Fruit and Vegetable Food Service Items Available

**Nutrition Facts**

Serving Size About 1/2 cup (125g)  
Servings Per Container Approx. 24

Amount Per Serving

Calories 100    Calories from Fat 0

% Daily Value\*

Total Fat 0.5g    1%

Saturated Fat 0g    0%

Trans Fat 0g

Cholesterol 0mg    0%

Sodium 140 mg    6%

Total Carbohydrate 20g    7%

Dietary Fiber 6g    24%

Sugars 0g

Protein 8g

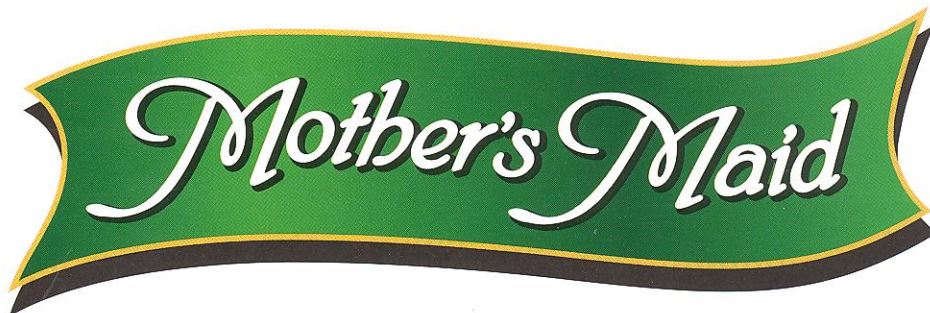
Vitamin A 0%    •    Vitamin C 0%

Calcium 6%    •    Iron 10%

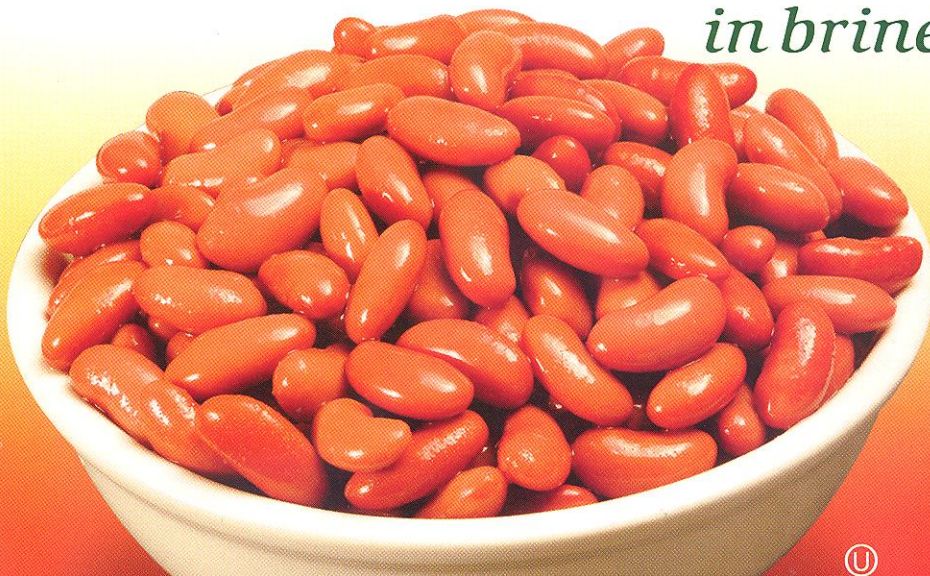
\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9    •    Carbohydrate 4    •    Protein 4



*Light Red*  
**KIDNEY BEANS**  
*in brine*



**NET WT. 108 oz. (6 lbs. 12oz.) 3.06 kg**

